FEBRUARY 2026 EDITION

CHATHAM-KENT DRUG AWARENESS COUNCIL MONTHLY NEWSLETTER

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Winter Tips for Storing Naloxone

CKDAC
CHATHAM-KENT DRUG AWARENESS COUNCIL

The Chatham-Kent Drug Awareness Council (CKDAC) was formed in April of 1988 when passionate community members saw the potential in building a Drug Awareness Council. The council has been actively working in our community since that time and is focused on bringing people together to raise awareness and reduce the harms associated with substance misuse and abuse.

The Chatham-Kent Drug Awareness Council works together with community partners, concerned citizens, and those who live with or are affected by drug addiction,.

Meetings are held the last Friday of every month:
Next meeting is February 27 at 9:45 am. (virtual and in person options for attendance).

New Members welcome - please reach out to info@ckdac.net for more information.

Thank you for reading our monthly newsletters. Each month, we look forward to bringing you important community alerts, updates and upcoming events.

if you would like to contribute to our newsletter and help keep our community informed, please send information to jacquies@sophrosyne.ca.

Thank you to everyone who contributed to this newsletter!

CKDAC

CHATHAM-KENT DRUG AWARENESS COUNCIL

www.ckdac.net

Chatham-Kent Public Health

Community Alert:

Medetomidine is being found in current drug supplies – for more information please go to Public Health website or social media

Ckphu.com

Canadian Mental Health Association
Lambton Kent
Association canadienne pour la santé mentale
Filiale de Lambton Kent

CMHA welcomed a second addiction worker to work alongside their current Addiction Case Manager. Both workers will be working with the community Paramedic Program to trial outreach support through this partnership on Tuesdays and Thursdays .

CHATHAM-KENT
Health Alliance

C-K Police Services and the CK Health Alliance have partnered to launch a new pilot program, the Mobile Addictions Response Team (MART). The mobile addictions response team will consist of a plain clothes police officer and an addiction therapist from R.A.A.M. This collaborative approach aims to respond to calls for services involving mental health and addiction issues, ensuring that individuals receive timely care and support.

MobileCare
Community Health Outreach

LOCATIONS:

Blenheim Arena (199 King St)
Bothwell Fire Station 9 (137 Elm St E)
Chatham WISH Centre (177 King St E)
Delaware Nation Community Centre (14811 School House Ln)
Dresden Arena (1212 North St)
North Buxton National Historic Site (21975 A D Shadd Rd)
Ridgetown Adult Activity Centre (40 Erie St S)
Thamesville Westover Treatment Centre (2 Victoria Rd)
Wallaceburg Community Living (1100 Dufferin Ave)
Walpole Island Arena (770 Tecumseh Rd)
Wheatley Village Resource Centre (108 Talbot Rd E)

Schedule

MobileCare
Community Health Outreach

A team of healthcare providers travelling across Chatham-Kent in a clinic on wheels to provide care in your community.

No appointments are necessary. Free services include:

- Mental Health First Response
- Primary Care
- Community Referrals

In the event of a service disruption, we will post an update on social media @mobilecareck.

More Information
1-866-299-7447
www.mobilecareclinic.ca
@mobilecareCK

CHATHAM-KENT FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Wallaceburg Community Living** 1100 Dufferin Ave. 9:30am - 3:00pm **Walpole Island Arena** 770 Tecumseh Rd. 9:30am - 2:30pm **Operated by Sarnia Lambton MobileCare.	**3**	**4**	**5**	**6** **CMHA Lambton Kent** 240 Grand Ave W. 9:30 - 3:00pm **Please Note** Services Unavailable
9 **Chatham W.I.S.H Centre** 117 King St E. 9:30am - 3:00pm **Walpole Island Arena** 770 Tecumseh Rd. 9:30am - 2:30pm **Operated by Sarnia Lambton MobileCare.	**10**	**11**	**12**	**13** **Wallaceburg Community Living** 1100 Dufferin Ave. 9:30am - 3:00pm
16 **Family Day** **Please Note** Services Unavailable	**17** **North Buxton National Historic Site** 21975 AD Shadd Rd, 9:30am - 3:00pm	**18**	**19**	**20** **Dresden Arena** 1212 North St. 9:30am - 3:00pm
23 **Blenheim Memorial Arena** 199 King St. 9:30am - 3:00pm **Walpole Island Arena** 770 Tecumseh Rd. 9:30am - 2:30pm **Operated by Sarnia Lambton MobileCare.	**24**	**25**	**26**	**27** **Westover Treatment Centre** 2 Victoria Road South, Thamesville 9:30am - 3:00pm

MobileCare will be available at each location from 9:30am – 3:00pm, unless noted.

MobileCare
Community Health Outreach

A special brew just for you...

Grief Café

WellWithin
CHATHAM-KENT HOSPICE
Community and Supportive Care Services

A Drop-in Grief & Bereavement Support Group

Every other Tuesday
10:00 - 11:00 am

January 13 & 27, 2026
February 10 & 24, 2026

Butterfly Room
Chatham-Kent Hospice
34 Wellington St. E., Chatham
(Please use the Adelaide St. Entrance)

Are you navigating the difficult journey of anticipatory grief caring for a loved one with a life limiting illness or experiencing grief due to the loss of a loved one?

You don't have to go through it alone. Join us in a safe and compassionate space. Enjoy a cup of coffee or tea and a treat where you can share your feelings, find comfort, and connect with others who understand.

Registration is not required but is welcomed.
Contact us at 519-354-3113 ext 2406 or supportivecare@chathamkenthospice.com.

CHATHAM-KENT COMMUNITY
DRUG STRATEGY

CARING. SAFE. INCLUSIVE.

LEADERSHIP CIRCLE GATHERING

Monday, February 23, 2026
1:00 - 4:00 PM
Chatham-Kent Public Library
120 Queen Street, Chatham, N7M 2G6

Supporting People Who Use Substances to Navigate the Justice System

Featuring:
Southwest Centre for Forensic Mental Health Care

For more information or to register contact
jordynne.lindsay@ckoht.ca

ARTWORK BY SHAWN MCKIM

Chatham - Kent OHT
ONTARIO HEALTH TEAM

New: BCCSU Recovery Course!

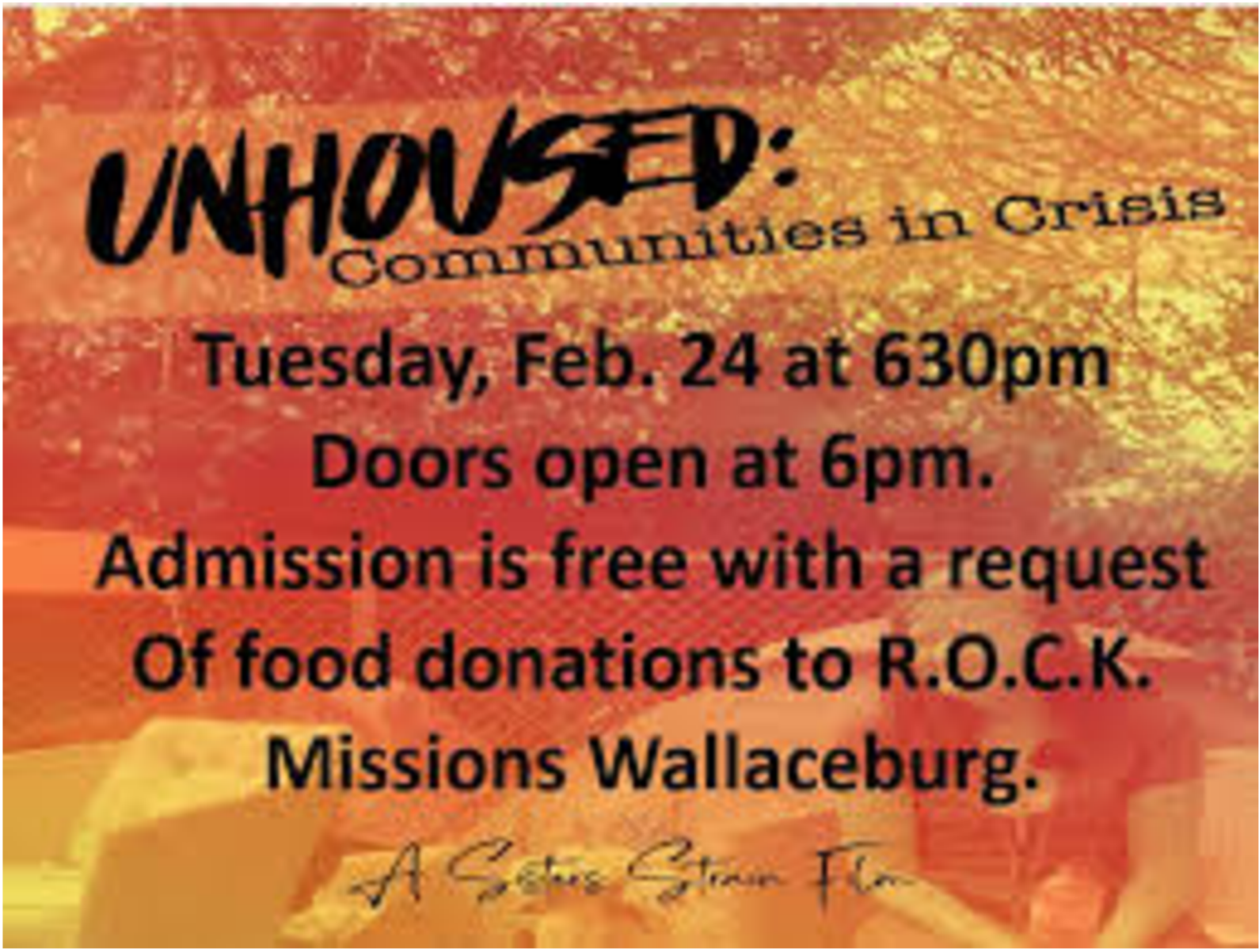
The Foundational Skills for the Substance Use, Treatment, and Recovery Workforce online course is launching Monday, January 26th.

This free course provides foundational knowledge and skills for those working in substance use treatment and recovery services across B.C. Register for the 10-hour online course to learn best practices for providing non-stigmatizing, trauma-informed, culturally safe, humble, and compassionate care for people who use substances and are seeking recovery.

Those who complete the course are eligible to receive 10 hours of continuing education units through the Canadian Addiction Counsellors Certification Federation.

For more information and to register, visit

bccsu.ca/treatment-and-recovery-course/



JOIN US AT TRINITY UNITED WALLACEBURG ON FEBRUARY 24TH AT 6PM FOR THE SCREENING. THIS IS A FREE EVENT, BUT IF YOU'RE ABLE, WE INVITE YOU TO BRING A NON-PERISHABLE FOOD ITEM TO SUPPORT THE R.O.C.K. WALLACEBURG DROP-IN. IT WOULD BE GREATLY APPRECIATED!

WINTER TIP: SAFELY STORE YOUR NALOXONE ❄️

AS TEMPERATURES DROP, IT'S IMPORTANT TO KEEP YOUR NALOXONE EFFECTIVE AND READY TO USE. HERE'S HOW TO SAFELY STORE IT DURING FREEZING WEATHER:

👉 IDEAL TEMPERATURE: STORE NALOXONE AT ROOM TEMP. SHORT-TERM EXPOSURE TO COLDER OR WARMER TEMPS IS OKAY, BUT TRY TO AVOID EXTREMES.

👉 PROTECT FROM FREEZING: AVOID LEAVING NALOXONE IN YOUR CAR OR OUTSIDE IN FREEZING TEMPS.

👉 IF IT FREEZES: LET IT THAW AT ROOM TEMP FOR 15 MINS—IF IT'S FROZEN IN AN EMERGENCY, YOU CAN PLACE IT IN YOUR UNDERARM AREA OR RUB BETWEEN YOUR HANDS TO THAW QUICKLY.

BE PREPARED, STAY SAFE, AND ALWAYS KEEP NALOXONE WITHIN REACH.

SAVING LIVES STARTS WITH PROPER CARE!