

JUNE 2026 EDITION

CHATHAM-KENT DRUG AWARENESS COUNCIL MONTHLY NEWSLETTER

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Upcoming Events

- P.A.W. - Eat at Boston Pizza and Help Animals in Need
- CK Hospice - Pretty in Pink Golf Tournament
- Westover - Recover Out Loud
- Westover - Family and Friends Picnic
- FreeHelpCK - Last Chance for Prom/Grad
- FreeHelpCK - Car and Vendor Show
- Brentwood - Serenity Summerfest
- Erieau - Beachside Discovery Day



The Chatham-Kent Drug Awareness Council (CKDAC) was formed in April of 1988 when passionate community members saw the potential in building a Drug Awareness Council. The council has been actively working in our community since that time and is focused on bringing people together to raise awareness and reduce the harms associated with substance misuse and abuse.

The Chatham-Kent Drug Awareness Council works together with community partners, concerned citizens, and those who live with or are affected by drug addiction,.

Meetings are held the last Friday of every month: Next meeting is June 26 at 9:45 am. (virtual and in person options for attendance).

New Members welcome - please reach out to info@ckdac.net for more information.

Thank you for reading our monthly newsletters. Each month, we look forward to bringing you important community alerts, updates and upcoming events.

If you would like to contribute to our newsletter and help keep our community informed, please send information to jacquies@sophrosyne.ca.

Thank you to everyone who contributed to this newsletter!



www.ckdac.net



Highlights of Presentation on Human Trafficking

Human Trafficking is the fastest growing industry due to “product” gets used over and over again, unlike such things as drugs that once used are gone.

Key recruiting locations are often bus stations, youth shelters, group homes, parties/bars/nightclubs, malls, outside schools - but can happen anywhere. Virtual recruitment occurs through social media, video games, dating apps, job listing sites. Key focus is places where you can meet young, vulnerable people or people in transition.

Canadian statistics: $\frac{2}{3}$ reported cases are in Ontario and 90% are Canadian citizens (perpetrator and victims both Canadian citizens).

Process: 1. Luring 2. Grooming 3. Manipulation/Coercion 4. Exploitation 5. Recruitment of Others.

Main Tactics of Grooming: Befriends, Romeo/Boyfriend, Violence/Intimidation, False Promises.

Warning Signs: uncharacteristic shift's in child's behaviour, physical health, and personal possessions.

- Behavioural changes: secrecy and isolation (disconnecting from family, deleting social media accounts, becoming secretive about online activities and friends), new relationships (usually older boyfriend or girlfriend-individual who control their movements), truancy or dropping out of extracurricular activities, substance use (traffickers frequently use as a mechanism of control), changed demeanor (fearful, submissive, anxious, extreme mood swings)
- Possessions and Finances: unexplained wealth (large amounts of cash, multiple prepaid cards or expensive phones or clothing), extra devices (extra phone), hotel or travel paraphernalia, missing identification
- Physical Indicators: signs of abuse (unexplained bruises, burns or physical injuries), poor health or hygiene (looking malnourished, showing signs of exhaustion, having untreated health issues), tattoos/branding

Article “Groomed in the DMs: How Traffickers Use Social Media to Lure Kids” -

<https://www.safehouseproject.org/blog/groomed-in-the-dms-how-traffickers-use-social-media-to-lure-kids/>

CKDAC: Presentation for June General Meeting



Brittany Gawley-Atkinson will be presenting on the Mobile Addictions Response Team. The team consists of a plain clothes police officer (CKPS) and an addiction therapist from R.A.A.M. (CKHA) who work together with the goal of responding to calls for services involving mental health and addiction, ensuring individuals receive timely care and support. The goal of the program is to reduce resources that may be called for incidents such as overdose and well-being checks, as well, this team is able to provide the time and expertise to provide support and care to this vulnerable population.



For the Monthly Opioid Surveillance Report, please find on the CK Public Health Website at: .

[https://app.powerbi.com/view?
r=eyJrIjoibWVudC5YzQ5NDctN2RmNi00MDg0LTkzY2YtMGE0NGQ2ZGI
1MDE1IiwidCI6IjkwNDYwOTBmLTl4YjEtNDUxOS1hMzVhLWVjMjc
5ZTYxMmY0Yj9](https://app.powerbi.com/view?r=eyJrIjoibWVudC5YzQ5NDctN2RmNi00MDg0LTkzY2YtMGE0NGQ2ZGI1MDE1IiwidCI6IjkwNDYwOTBmLTl4YjEtNDUxOS1hMzVhLWVjMjc5ZTYxMmY0Yj9)

Planning for International Overdose Awareness Day

Planning is starting for International Overdose Awareness Day (I.O.A.D.) 2026 in Chatham - Kent. I.O.A.D. events are held yearly in August to remember without stigma those we have lost and acknowledge the grief of family and friends left behind. This year's planning committee is looking to meet a few times on-line to plan local events and awareness messaging. If you would like to join the committee, please contact: Quinn at quinnt@chatham-kent.ca.



MobileCare

Community Health Outreach




TRAVELLING THROUGHOUT CHATHAM-KENT INCREASING ACCESS TO PRIMARY CARE, MENTAL HEALTH AND ADDICTION SERVICES.

1 (866) 299-7447 mobilecareclinic.ca

Services:

- ✓ Primary care
- ✓ Early intervention
- ✓ Mental health services
- ✓ Addiction services
- ✓ Community support services
- ✓ Housing supports

Visit mobilecareclinic.ca for locations & schedule.

WALK-IN APPOINTMENTS

NO REFERRAL NEEDED

NO COST FOR SERVICE

Connect with us @MobileCareCK  



Canadian Mental Health Association
Lambton Kent
Mental health for all



CHATHAM-KENT
Health Alliance



CHATHAM-KENT
OHT



Chatham - Kent OHT
ONTARIO HEALTH TEAM



Chatham-Kent
Community Health Centres
Centres de santé communautaire de Chatham-Kent



A team of healthcare providers travelling across Chatham-Kent in a clinic on wheels to provide care in your community.

No appointment needed.
Free services include:

- Mental Health First Response
- Primary Care
- Community Referrals

In the event of a service disruption, we will post an update on social media @mobilecareck.



More Information

1-866-299-7447
www.mobilecareclinic.ca
@mobilecareCK



CHATHAM-KENT

JUNE 2026

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

1 Wallaceburg Community Living 1100 Dufferin Ave. 9:30am - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	2	3	4	5 Delaware Nation Community Centre 14811 School House Ln. 9:30am - 3:00pm
8 Chatham WISH Centre 117 King St E. 9:30am - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	9	10	11	12 Wallaceburg Community Living 1100 Dufferin Ave. 9:30am - 3:00pm
15 North Buxton 21975 AD Shadd Rd. 9:30am - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	16	17	18	19 Dresden Arena 1212 North St. 9:30am - 3:00pm
22 Delaware Nation Community Centre 14811 School House Ln. 9:30am - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	23	24	25	26 Blenheim Memorial Arena 119 King St. 9:30am - 3:00pm
29 CMHA Lambton Kent 240 Grand Ave W. 9:30 - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	30	1	2	3

COMPASSIONATE APPROACHES TO SUBSTANCE USE WORKSHOP



Presented by peers with lived and living experience, this educational workshop focuses on substance use, stigma reduction, and building compassionate responses across the community.

TOPICS COVERED:

- * Stigma and its impact
- * Misconceptions about houselessness & substance use
- * The role of peer support in the community
- * Building understanding and compassionate responses
- * R.O.C.K.'s services

PREVIOUS PARTICIPANT FEEDBACK:

87% agreed that the training increased their knowledge & understanding

The peer-led perspectives shared in this workshop have been described as:

EYE OPENING
POWERFUL
VALUABLE
HUMANIZING

INTERESTED IN THIS WORKSHOP FOR YOUR ORGANIZATION?
CONTACT US: CK@REACHOUTCK.COM

Rooted & Restored

A group for youth aged 14-25 who have been affected by a loved one's substance misuse. Led by Canadian Certified Addiction Counsellors.



Come together with others in a safe, supportive environment to share **personal challenges**, while also **learning skills** and **building strength, hope & inspiration**.

WHERE? YWHO Chatham (140 King St. West, Chatham)
Every Wednesday 3:30 - 5:30 p.m.

WHEN? 16 weekly sessions starting July 8, 2026

Contact: Janice Kirkwood @
519-437-6329 ext. 6011 or
Jacquie Smith @ 226-627-0621



Please call to pre-register for group or if you have any questions.



ywho

Teen

DROP-IN

OFFERED BIWEEKLY
Wednesdays from 5:00-6:00PM
the CO.



Scan for
UPCOMING DATES

Teen Drop-In is a **free**, calm, and welcoming space for teens ages 13+. Led **biweekly** by Angel Bilagot, this group offers a place to slow down, connect, and feel supported.

- ✓ Not clinical
- ✓ Come as you are
- ✓ Creative expression offered, not required

NO PRESSURE.
NO LABELS.
JUST SUPPORT.

the **CO.**
208 Queen St., Chatham





If you or someone you know is in need of food assistance, connect with one of our many locally-supported resources to help:

- Food Banks
- Little Free Pantries
- Soup Kitchens
- Food Voucher Programs
- Drop-in/Outreach Services

These services are here to support individuals and families in our community. Whether you're in immediate need or looking for ongoing assistance, there are options available to help you.

Chatham-Kent Food Resources

Help is here. Food is for everyone.



MONDAY

MEALS / SOUP KITCHENS

- Christ Church
11:30am – 12:30pm
- Blenheim Word of Life
10:30am – 12:30pm

ADDITIONAL SERVICES

- Outreach for Hunger
11:00am – 3:00pm
- Tilbury Help Centre
9:30am – 3:00pm

TUESDAY

MEALS / SOUP KITCHENS

- Praise Fellowship Church
11:00am – 12:00pm

ADDITIONAL SERVICES

- Tilbury Help Centre
9:30am – 3:00pm

WEDNESDAY

MEALS / SOUP KITCHENS

- Campbell AME Church
11:30am – 12:30pm
- St. Paul's Victoria Ave United Church
(Pantry / Food Card Program)
9:00am – 10:30am
- St. Andrew's Church
(Pantry / Food Card Program)
9:00am – 10:30am
- Blenheim Word of Life
10:30am – 12:30pm

ADDITIONAL SERVICES

- Outreach for Hunger
11:00am – 3:00pm
- Tilbury Help Centre
9:30am – 3:00pm

THURSDAY

MEALS / SOUP KITCHENS

- Blessed Sacrament
(Bagged Lunches)
11:00am – 12:00pm

ADDITIONAL SERVICES

- Salvation Army
(Appointment Needed)
12:00pm – 2:00pm
- Tilbury Help Centre
9:30am – 3:00pm

FRIDAY

MEALS / SOUP KITCHENS

- Blenheim Word of Life
10:30am – 12:30pm
- Vinnie's Lunch – Located at Spirit & Life Centre
10:30am – 11:45am

ADDITIONAL SERVICES

- Outreach for Hunger
11:00am – 3:00pm
- Tilbury Help Centre
9:30am – 3:00pm

SATURDAY

MEALS / SOUP KITCHENS

- First Presbyterian Church
9:30am – 11:00am

SUNDAY

MEALS / SOUP KITCHENS

No meal programs currently listed.

ADDITIONAL SERVICES

No services currently listed.

FOOD PANTRIES

FREEHELPCK FREE FOOD PANTRIES

- 535 Grand Ave E. (Tepperman's)
- 805 Grand Ave. (Skyline)
- 15 Orchard Heights
- BME Freedom Park
- 155 Junction Ave (Habitat for Humanity)
- 450 Park Ave W. (St. Paul's Discover Life)
- 151 Queen St. S. (CSN Tilbury)
- 75 Main St. E. (Ridgetown Legion)

OTHER FOOD PANTRIES

- 20 Sandy St.
- 80 Wellington St. W (Christ Church)
- 107 Elizabeth Street (Thamesville)

ADDITIONAL SERVICES

- Outreach for Hunger
(Monday, Wednesday, Friday) 11:00am – 3:00pm
 - Salvation Army
(Appointment Needed) 12:00pm – 2:00pm
 - Tilbury Help Centre
(Monday – Friday) 9:30am – 3:00pm
 - FreeHelpCK Birthday Box Program (Apply Online)
- ** for child 15 and younger, ID Required **

PET PANTRY

Registration Required, please scan the QR code
Pickup available once per month

ADDITIONAL RESOURCES

If you notice any Local Meal programs or additional community resources that are not currently included on this flyer, please contact info@freehelpck.ca



FREEHELPCK PET PANTRY



- PORCH PICKUP -

Free Pet
Food Monthly
REGISTRATION REQUIRED

Food &
Monetary
Donations
Welcome!



RECEIVE A CHARITABLE TAX RECEIPT
WHEN YOU DONATE OVER \$25!

 780 ST CLAIR ST.
CHATHAM, ON

Eat at Boston Pizza & Help Animals In Need!

Sunday, June 14th
11AM - Midnight
A PORTION OF THE PROCEEDS GOES
TO
PET AND WILDLIFE RESCUE

JOIN US FOR THIS AMAZING
FUNDRAISER!

  **P.A.W.**
PET AND WILDLIFE RESCUE

***WIN A PAWR SWAG PACK
JUST FOR EATING!***

YOU'RE INVITED TO...

DINE WITH US!

 **Boston
Pizza®**

JOIN US FOR GOOD FOOD &
A GREAT CAUSE

**June 14
11:00 AM - 12:00 AM
at BOSTON PIZZA
780 St Clair St, Chatham**



 **P.A.W.**
PET AND WILDLIFE RESCUE



Chatham-Kent
HOSPICE

ANNUAL GOLF TOURNAMENT

Saturday, September 19th, 2026

Hidden Hills Golf & Country Club
25393 St. Clair Road, Dover Centre

Four Person Scramble

10:00 a.m. Registration & TAIL GATE PAR-TEE

11:00 a.m. Shot Gun Start

Enjoy a great day of golf supporting a wonderful cause!

\$150 Per Person

Includes:

- ✓ 18 Holes of Golf
- ✓ Cart
- ✓ Lunch on the Turn
- ✓ Buffet Dinner
- ✓ Prizes & Contests

TEAM REGISTRATION NIGHT

Thursday, June 25th, 2026

Location: Central Tavern - Pain Court

Time: 5:00 p.m. - 8:00 p.m.

Please bring payment to reserve your spot!

PRETTY IN PINK

Supporting the
CHATHAM-KENT HOSPICE FOUNDATION

LET'S MAKE A DIFFERENCE—
ONE SWING AT A TIME!





ALL FRIENDS - ALL FAMILY - ALL WELCOME!

**FRIDAY
JUNE 19**



**THAMESVILLE
THRESHING
FESTIVAL**

**BACK TO OUR ROOTS
IN COWBOY BOOTS!**

RECOVER OUTLOUD FOR WESTOVER

MEET AT WESTOVER 4:30 PM

We head to the park on the Westover Float at 5:00 PM

Come back to Westover to enjoy
PIZZA AND REFRESHMENTS!





Sunday
JUNE 28 | 1 - 4 PM

Family & Friends **PICNIC**

ALL WELCOME!
EVERYTHING IS FREE :)

- Rain or Shine Event
- Dunk Tank | Obstacle Course | Horse Rides
- Bouncy Castle | Petting Zoo | Face Painting
- Hamburgers | Hot Dogs | Popcorn
- Ice Cream | Cotton Candy

WESTOVER TREATMENT CENTRE | 2 VICTORIA ST S | THAMESVILLE ON N0P 2K0



LAST CHANCE for PROM & GRAD 2026!

Your special day. We're here to help. ♥

FREEHELPCK PROM & GRAD PROJECT

Need a dress, suit, shoes,
or accessories for
Prom or Graduation?

Join us for our final
opening day of the season! ♥



Join us on ♥
 **SATURDAY,
JUNE 13**

 **11:00 AM – 12:00 PM**

 **100 KING STREET WEST,
CHATHAM**

Just Show Up & Shop! ♥



Helping students look and feel
their best for life's special moments. ♥

PROM. GRAD. CONFIDENCE. COMMUNITY.

- ♥ No Appointment Required
- ♥ Completely Free
- ♥ Dresses, Suits, Shoes & Accessories
- ♥ Open to Students Across Chatham-Kent

Open to
students
across
Chatham-Kent!



DRESSES



SUITS



SHOES



ACCESSORIES

OVER
400
DRESSES AND
FORMALWEAR
ITEMS
AVAILABLE!

FreeHelpCK's 3RD ANNUAL CAR, MOTORCYCLE & VENDOR SHOW

**SATURDAY,
JUNE 27TH**

**10:00AM
-3:00PM**

**ST. CLAIR COLLEGE
HEALTHPLEX**
1001 GRAND AVE W., CHATHAM

Join Us For

- CARS & BIKES
- OVER 40 VENDORS
- BBQ
- BAKE SALE
- SILENT AUCTION

ALL PROCEEDS RAISED WILL
HELP SUPPORT

**OPERATION
BACKPACK**



CAR SHOW PARTICIPANTS



~~\$10 ENTRY FEE~~
WAIVED!



DASH PLAQUES &
DOOR PRIZES



FIRST 50 CARS
RECEIVE SWAG BAGS

PLEASE PRE-REGISTER YOUR VEHICLE AT

FREEHELPCK.CA



**FREE
PUBLIC ENTRY**



BRENTWOOD RECOVERY HOME
PRESENTS

SERENITY SUMMERFEST

POST-GAME PARTY

JUNE 13TH, 2026
STARTS 5PM



LIVE MUSIC BY:
STONE LUCK

★ ★

FOOD TRUCKS • GAMES • RAFFLES
TROPHIES • PRIZES • 50/50

\$10 Admission • Ages 18+
Brentwood Recovery Home
2335 Dougall Ave, Windsor, ON

**All Fellowships
Welcome!** | **Celebrating
recovery together**

 **Erieau**

Beachside Discovery Day

June 27 | 10am-2pm



Yoga

Sessions at 11am & 1pm



Activities

All Day



Pickleball

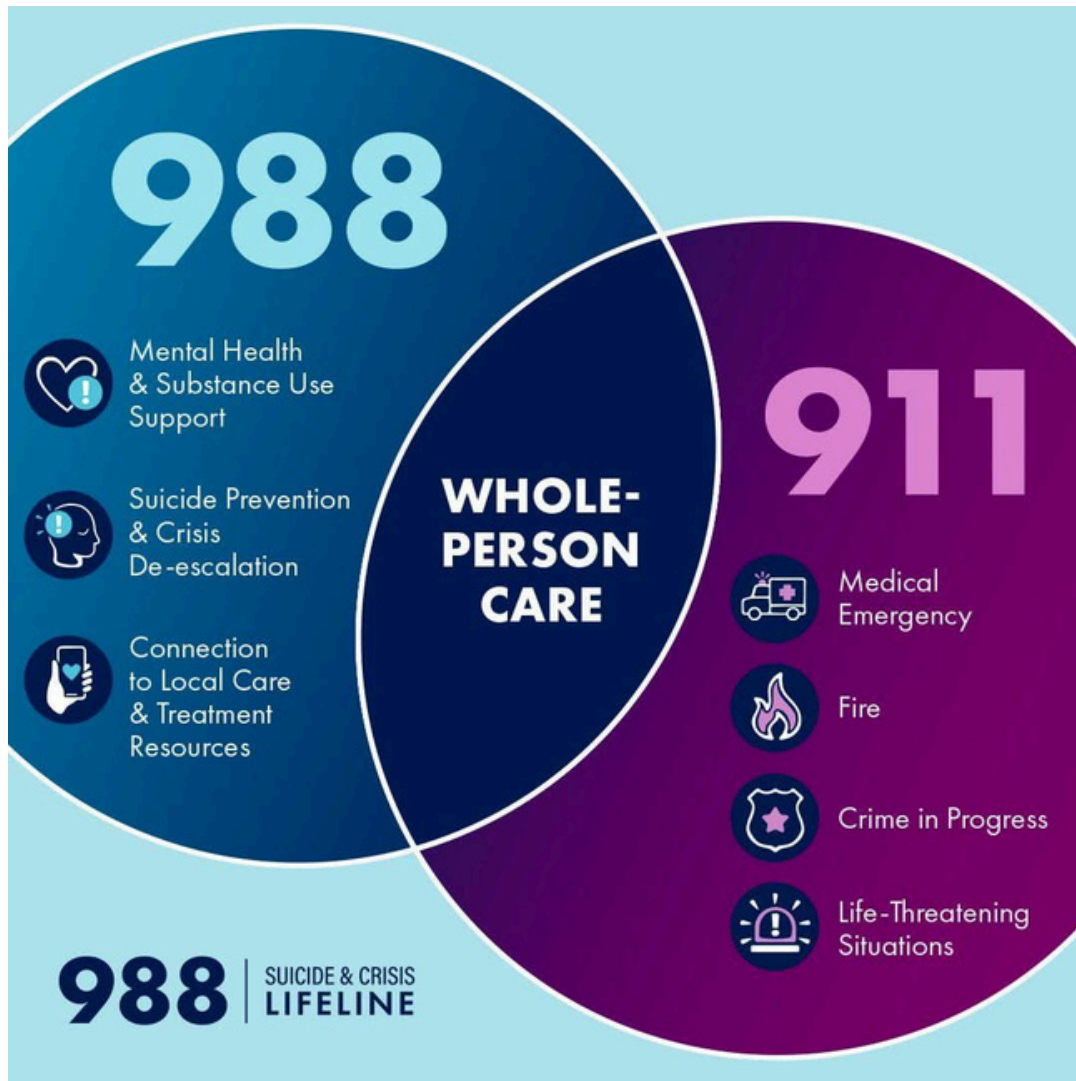
All Day



Join us at the pavilion on the beach and discover free tips from local CK experts and enjoy fun outdoor activities for all ages. Get outside, get active, and make new connections, at the beach!

Visit www.Chatham-Kent.ca/Recreation or follow us for more info!

 @CKRecreation  @ck_recreation



9-8-8 Suicide Crisis Helpline [Get Help](#) [Understanding Suicide](#)

What to expect when you call or text 9-8-8

▼

We are here to listen.

If you are thinking about suicide, or you're worried about someone else, we want to help. Call or text 9-8-8 toll free, any time — lines are open 24/7/365



Call 9-8-8



Text 9-8-8



What to expect when you reach a 9-8-8 responder

1

They will listen. The person you connect to will listen with compassion and without judgement, and give you space to talk.

2

They will engage with empathy. Whatever you are going through, they want to understand.

3

They will support you. 9-8-8 responders can help you explore ways to create safety when things are overwhelming.