

AUGUST 2026

CHATHAM-KENT DRUG AWARENESS COUNCIL MONTHLY NEWSLETTER

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The Chatham-Kent Drug Awareness Council (CKDAC) was formed in April of 1988 when passionate community members saw the potential in building a Drug Awareness Council. The council has been actively working in our community since that time and is focused on bringing people together to raise awareness and reduce the harms associated with substance misuse and abuse.

The Chatham-Kent Drug Awareness Council works together with community partners, concerned citizens, and those who live with or are affected by drug addiction,.

Meetings are held the last Friday of every month: Next meeting is Sept 26 at 9:45 am. (virtual and in person options for attendance) as CKDAC does not hold meetings over the summer months.

New Members welcome - please reach out to info@ckdac.net for more information.

Thank you for reading our monthly newsletters. Each month, we look forward to bringing you important community alerts, updates and upcoming events.

If you would like to contribute to our newsletter and help keep our community informed, please send information to jacquies@sophrosyne.ca.

Thank you to everyone who contributed to this newsletter!



www.ckdac.net

Nominations for The Teddy Award

Devin R.J. “Teddy” Tedford was 21 years-old when he died from drug overdose in 2014. His friends and family described him as a kind and caring soul who put the needs of others before his own. He also fought to overcome his battle with substance use addiction and had often spoke of wanting to share his story in the event he may help others. Since his death, his mother Tina Tedford has taken the torch and carried on in Teddy’s spirit to do what he was unable when he was alive.

This award presented in honour of Teddy has been given out annually from the Chatham-Kent Drug Awareness Council since 2022, to recognize a business or person that supports or embodies the mission of the CKDAC, which is working together to raise awareness and reduce harms associated with substance use in our communities.

The recognition will consider the following, but not limited to, efforts to educate, advocate, decrease stigma, and/or increase awareness of information and resources to support those using substances.

Please submit nominations for the 2026 Teddy Award to admin@ckdac.net, no later than September 11th, 2026, and provide the nominees name, phone number and email address. The Chatham Kent Drug Awareness Council committee membership and directors will vote on submissions received and announce the successful recipient and present the award by mid-September.



International Overdose Awareness Day 2026 Online Learning Session

Every Story. Every Path. Every Life Matters.

Join us to learn about:

- The impacts of stigma
- Where to get Naloxone and how to respond to a drug toxicity
- How you can make a difference

Featuring: Kathy Moreland

Kathy is a registered nurse, retired professor of nursing and the current Chair of the RNAO Windsor Essex Chapter. She lost her 18 year old son Austin to fentanyl poisoning six years ago. A fierce advocate, educator, mother, and nurse, Kathy is an active member of Moms Stop the Harm, a national group committed to changes in drug policy and support for those who love someone at risk or have lost a loved one to substance use.



Tuesday August 25th 12:00 - 1:00pm
Contact jordynne.lindsay@ckoht.ca to register



OX
A
20
26



International Overdose Awareness Day

Please join us to remember without stigma those we have lost and acknowledge the grief of family and friends left behind.

Food • Music • Memorial • Art projects

CHATHAM:
August 26th
3-6 PM

39 Richmond St,
Chatham
(R.O.C.K. drop-in)

WALLACEBURG:
August 27th
4-7 PM

233 Nelson St,
Wallaceburg
(R.O.C.K. drop-in)

**Every Story.
Every Path.
Every life matters.**

TIME TO
REMEMBER.
TIME TO **ACT.**



For the Monthly Opioid Surveillance Report, please find on the CK Public Health Website at: .

<https://app.powerbi.com/view?r=eyJrIjojNTQ5YzQ5NDctN2RmNi00MDg0LTkzY2YtMGE0NGQ2ZGI1MDE1IiwidCI6IjkwNDYwOTBmLTl4YjEtNDUxOS1hMzVhLWRjMjc5ZTYxMmY0YiJ9>

R.O.C.K. Drop-Ins

Chatham (39 Richmond Str)

Monday and Friday 1 - 5 pm

Wednesdays 1 - 4 pm

Meals, food, water, shower, laundry, wifi, phone

Harm reduction, first aid and personal hygiene supplies

Community Paramedic and Housing Stability Worker on site Wed 1 - 3 pm

Wallaceburg (233 Nelson Str)

Open from 1 to 5pm every day including weekends but closed Wednesdays

Meals, food, water, wifi, phone

Harm reduction, first aid and personal hygiene supplies

Community Paramedic and Housing Stability Worker on site every 1st & 3rd

Mon 1 - 3 pm



The Compass Project is a new peer-led initiative that helps people navigate substance use and health services with compassion, dignity, and respect. By offering navigation support, transportation, and working alongside community partners, we're helping remove barriers to care.



MobileCare

Community Health Outreach




TRAVELLING THROUGHOUT CHATHAM-KENT INCREASING ACCESS TO PRIMARY CARE, MENTAL HEALTH AND ADDICTION SERVICES.

1 (866) 299-7447 mobilecareclinic.ca

Services:

- ✓ Primary care
- ✓ Early intervention
- ✓ Mental health services
- ✓ Addiction services
- ✓ Community support services
- ✓ Housing supports

WALK-IN APPOINTMENTS

NO REFERRAL NEEDED

NO COST FOR SERVICE

Visit mobilecareclinic.ca for locations & schedule.

Connect with us @MobileCareCK  









A team of healthcare providers travelling across Chatham-Kent in a clinic on wheels to provide care in your community.

No appointment needed.
Free services include:

- Mental Health First Response
- Primary Care
- Community Referrals

In the event of a service disruption, we will post an update on social media @mobilecareck.



More Information

1-866-299-7447
www.mobilecareclinic.ca
@mobilecareCK



CHATHAM-KENT

AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 August Civic Holiday Please Note Services Unavailable	2	5	6	7 Please Note Nurse Practitioner Unavailable Delaware Nation Community Centre 14811 School House Ln. 9:30am - 3:00pm
10 Chatham WISH Centre 117 King St E. 9:30am - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	11	12	13	14 Please Note Nurse Practitioner Unavailable Wallaceburg Community Living 1100 Dufferin Ave. 9:30am - 3:00pm
17 Please Note Nurse Practitioner Unavailable North Buxton 21975 AD Shadd Rd. 9:30am - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	18	19	20	21 Dresden Arena 1212 North St. 9:30am - 3:00pm
24 Delaware Nation Community Centre 14811 School House Ln. 9:30am - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	25	26	27	28 Blenheim Memorial Arena 119 King St. 9:30am - 3:00pm
31 Please Note Nurse Practitioner Unavailable CMHA Lambton Kent 240 Grand Ave W. 9:30 - 3:00pm Walpole Island Arena 770 Tecumseh Rd. 9:30am - 2:30pm	1	2	3	4

One Bridge, Two Shores

*A support group for family & friends of those
living with Mental Illness & Addiction*

10 weekly sessions with Family Guide for participants to keep

WHEN? Tuesdays from **Sept 15th to Oct 6th** and **Oct 20th to Nov 24th, 2026**
at 5:30 pm - 7:00 pm

WHERE? YWHO Chatham (140 King St. West, Chatham)

*Learn together with others who have
similar experiences in trying to support
their loved ones living with **Concurrent
Disorders**.*

The group will provide **information**,
education, and **support** to help
understand addiction and mental illness,
be aware of **community resources**,
build **copng skills** and **learn self-care**.



Canadian Mental
Health Association
Lambton Kent

youth
wellness
hubs
ONTARIO

carrefours
bien-être
pour les jeunes
DE L'ONTARIO

To register please contact **Amy Sansom**
at **519-436-6100 ext. 2287**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CIVIC HOLIDAY! HOPE HOUSE WILL BE CLOSED	4 10:15 Pipe Cleaners Flowers with Kate 11:15 Awakening Your Joyful Side w Katherine 12:00 Free Lunch 12:30 Pet Therapy with Dave & Summer 1:00 Men/Women Groups with Brian & Kat	5 10:15 Mission: Scavenger Hunt with Kate 11:00 Wooden Flower Signs with Katherine 12:00 Free Lunch 12:30 Whispers and Whims Journaling w Kat 1:00 Summer Self-Care with Katherine	6 National Root Beer Float Day! 10:15 Root Beer Float Craft with Natalie 11:15 Balanced Bites & Bodies w Katherine 12:00 Free Lunch 12:30 Haircuts with Cheryl  1:00 Make Your Own Root Beer Float! 1:00 Backyard Social	7 10:15 Wooden Butterflies with Katherine 11:00 Family Feud! With Kate 11:45 Free Lunch 12:15 Trip to Turns and Tales! Registration  Required
10 10:15 Wooden Spoon Bugs with Natalie 11:00 Trip to Walmart. Registration Required 12:00 Free Lunch 12:30 Haircuts with Cheryl 12:30 Would You Rather? With Mark 1:00 Brain Games! With Kate	11 10:15 Disco Dolphins with Natalie 11:00 Self & Identity Collage Cont. with Jeff 12:00 Free Lunch 12:30 Forbidden Word Game! With Kate 1:00 Men/Women Groups with Jeff & Kate	12 Beach Day! 9:30am-2pm Join us for a day trip to Rondeau Park. Visitor Center, Trails and Swimming! \$2 fee.  Registration required!	13 10:15 Multi-Media Sailboat with Natalie 11:00 Assertiveness Training with Jeff 12:00 Free Lunch 12:30 Haircuts with Cheryl 12:30 Puzzles and Pallets 1:00 The Sketching Pencil with Jeff	14 10:15 Wine Cork Ornaments with Kate 11:00 Members' Meeting & Birthday Social 11:45 Free Lunch 12:00 Movie Time! New Movie "Michael" 
17 CK PRIDE WEEK!	18	19	20	21 1970's Theme Day!
10:15 Pride Badges with Nat 11:00 Dietary Education Session with Jen 12:00 CK Pride Week Flag Raising 12:30 Haircuts with Cheryl 1:00 Pride Bingo! with Kate 	10:15 Be Kind Banner with Nat 11:15 Awakening Your Joyful Side w Katherine 12:00 Free Lunch 12:30 Pet Therapy with Dave & Summer 1:00 Men/Women Groups with Brian & Kat	10:15 Mission: Scavenger Hunt with Kate 11:00 Assertiveness Training with Jeff 12:00 Free Lunch 12:30 Pictionary with Kate 1:00 Rainbow Wreath with Katherine 	10:15 Pride Flag Making with Natalie  11:15 Balanced Bites & Bodies w Katherine 12:00 Free Lunch 12:30 Haircuts with Cheryl 12:30 Pride Theme Colour by Number 1:00 The Sketching Pencil with Jeff	10:15 Groovy Wooden Hangers with Katherine 11:15 Name that 70's Tune with Jeff 12:00 Free Lunch  12:30 70's Nostalgia! With Kate 1:00 Memorial Garden Rocks with Kate
24 10:15 Sharpie Splash with Katherine 11:00 Finding Meaning and Purpose with Jeff 12:00 Free Lunch 12:30 Haircuts with Cheryl 12:30 Summer Forbidden Words Game w Kat 1:00 Brain Games! With Kate	25 10:15 Finger Surf Boards with Kate 11:15 Awakening Your Joyful Side w Katherine 12:00 Free Lunch 12:30 Musical Minutes with Kate 1:00 Men/Women Groups with Jeff & Kat	26 10:15 Mission: Scavenger Hunt with Kate 11:00 Assertiveness Training with Jeff 12:00 Free Lunch 12:30 Whispers and Whims Journaling w Kat 1:00 Lava Lamp Magic with Katherine	27 End of Summer Carnival 11am-3pm Join us for a fun day of carnival surprises to wrap up the summer! 	28 10:15 Boba Tea Keychains with Katherine 11:15 Guided Relaxation with Jeff 12:00 Free Lunch 12:30 Trip to Riverside Ice Cream! Registration required \$1 fee
31 International Overdose Awareness Day	Some programs will be offered virtually. The following symbol will indicate virtual groups. Please contact Jeff at jeff@mhnck.com to register. 		Peer support is available daily with Certified Peer Supporters, Jeff or Katherine. Call 519-351-3100 for more information.	
10:15 Purple Butterflies with Natalie  11:00 Finding Meaning and Purpose with Jeff 12:00 Free Lunch 12:30 Haircuts with Cheryl 12:30 Spotting the Signs of an Overdose w Allie 1:00 Brain Games! With Kate			Check the back side of the calendar for details about programming, as well as community meals and food bank information.	
71 Raleigh St. Chatham, ON N7M 2M9 519.351.3100 www.mhnck.com				

August 2026 Program Information

Assertiveness Training With Jeff	The Sketching Pencil with Jeff	Self & Identity Collage with Jeff
Learn what is assertiveness, what your rights are, and strategies for speaking-up and standing-up for yourself.	Join us as we take to the sketching pad with pencil and explore the art of drawing using reference photos and nature as our inspiration. Beginner friendly, art supplies provided.	Explore the story of your life's journey and illustrate your personality by creating a self and identity mixed media collage. All materials needed are provided. Virtual option offered.
Men's Group with Jeff/Bryan	Women's Group with Katherine	Awakening Your Joyful Side w Katherine
A support group for men of all ages. Join men from our community who understand.	A support group for women of all ages. Join women from our community who understand.	Reconnect with what makes you feel alive by following the small sparks of delight, letting yourself play, be curious and create without judgement. Focus on doing things for the feeling they bring, not the outcome they produce, and joy naturally begins to rise.
Brain Games with Kate	CK PRIDE WEEK!	Whispers and Whims with Katherine
Join us for puzzle style games that help maintain healthy brain function.	Join us for themed activities throughout the week, along with a community flag raising to celebrate our 2SLGBTQ+ community.	Release your thoughts with some quiet journaling time. Katherine will teach different techniques throughout the group.
Creative Crafts with Natalie & Katherine	Balanced Bites and Bodies with Katherine	Beach Days
Join Natalie and Katherine to create fun and beautiful creative projects together. Relax & unwind with various seasonal crafts! No experience needed. Sign up required.	Join Katherine to work towards achieving balance with your health and body. Discussions will cover topics such as body image, fitness, and tips for healthy eating.	Explore with us while we take a trip to Rondeau Park to visit the visitor center for a craft, and to explore trails and beaches. Please see a staff member to register. \$2 fee to attend. Lunch included.
End of Summer Carnival	Pet Therapy with Dave & Summer	Haircuts with Cheryl
Join us for a day of fun! Enjoy cotton candy, snow cones, games, and much more in store! This event will be held outside.	Join Summer the collie and her wonderful owner Dave for biweekly pet therapy visits. Summer is very calm and comforting, sure to put a smile on anyone's face!	Pre-register for a spot with Cheryl on Mondays & Thursdays at 12:30pm & 1:15pm. Open to active members only.

71 Raleigh St.
Chatham, ON N7M 2M9
Phone 519-351-3100
Fax 519-351-3400
www.mhnck.com
Monday-Friday

"Supporting those whose lives are affected by mental illness through their journey of hope and recovery"

Chatham Community Meals: August

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
Food Banks: Outreach for Hunger: Mon./Wed./Fri. 11am-3pm. Salvation Army: Call for appt. 519-354-1430. Drop-in Centre: Hope House. Open Daily 10am-2pm. 519-351-4010. Homeless Response Line: 519-354-6628.				1 Spirit and Life Centre Bagged Meal 11am	2 First Presbyterian Church Eat-in Breakfast 9:30am-11:00am
4 Christ Church Bagged Meal 11:30am-12:15pm	5 Praise Fellowship Church Soup Kitchen Take-out 11am-12pm	6 Campbell AME Soup Kitchen 11:30am-12:30pm	7 Blessed Sacrament Church Bagged Meal 11am-12pm	8 Spirit and Life Centre Bagged Meal 11am	9 First Presbyterian Church Eat-in Breakfast 9:30am-11:00am
11 Christ Church Bagged Meal 11:30am-12:15pm	12 Praise Fellowship Church Soup Kitchen Take-out 11am-12pm	13 Campbell AME Soup Kitchen 11:30am-12:30pm	14 Blessed Sacrament Church Bagged Meal 11am-12pm	15 Spirit and Life Centre Bagged Meal 11am	16 First Presbyterian Church Eat-in Breakfast 9:30am-11:00am
18 Christ Church Bagged Meal 11:30am-12:15pm	19 Praise Fellowship Church Soup Kitchen Take-out 11am-12pm	20 Campbell AME Soup Kitchen 11:30am-12:30pm	21 Blessed Sacrament Church Bagged Meal 11am-12pm	22 Spirit and Life Centre Bagged Meal 11am	23 First Presbyterian Church Eat-in Breakfast 9:30am-11:00am
25 Christ Church Bagged Meal 11:30am-12:15pm	26 Praise Fellowship Church Soup Kitchen Take-out 11am-12pm	27 Campbell AME Soup Kitchen 11:30am-12:30pm	28 Blessed Sacrament Church Bagged Meal 11am-12pm	29 Spirit and Life Centre Bagged Meal 11am	30 First Presbyterian Church Eat-in Breakfast 9:30am-11:00am
					31 Emmanuel Baptist Church Hot Dinner 4-6pm





EMBRACING TOMORROW

Together...

A Spousal Loss Support Group

'Embracing Tomorrow Together' is dedicated to providing a compassionate and supportive environment for individuals who have experienced the loss of a spouse or partner. Please join us in a safe space where members can share their experiences, find solace, and navigate the journey of grief together. Through mutual support, understanding, and encouragement, we aim to foster healing, resilience, and hope for a brighter tomorrow. We are committed to walking beside one another as we embrace new beginnings and find strength in community.

TUESDAYS

September 8
to
October 27

1:30 pm to 3:00 pm

**Community &
Supportive Care
Services Office**

40 Centre St., Chatham
Suite 305

Extra parking located at
Vital Air on the corner of
Centre St & Harvey St

Registration and Intake Assessment Required
Please contact: Lisa Adams at 519-354-3113 2406
or supportivecare@chathamkenthospice.com


WellWithin
CHATHAM-KENT HOSPICE
Community and Supportive Care Services



Grief & Bereavement

WALKING SUPPORT GROUP

Join our non-judgmental, welcoming and confidential walking group alongside others who are grieving the loss of a loved one.

MUD CREEK TRAIL, CHATHAM

Wednesdays | September 16 - October 21

10:00 to 11:00 am

Parking located at: 389 Tweedsmuir Ave. West

Registration & Intake Assessment Required

Please contact: Lisa Adams at 519-354-3113 2406

or supportivecare@chathamkenthospice.com





Support for Parents Grieving an Adult Child



THURSDAYS

September 10th - November 5th
No Group on October 22nd



10:00 to 11:30 a.m.



Community & Supportive Care Services Office

40 Centre Street, Chatham
Suite 305

*Extra parking located at Vital Air on
the corner of Centre St & Harvey St*

A compassionate space for parents grieving the death of an adult child, this group offers connection, understanding, and comfort in community. Each session provides time for reflection and gentle learning. Participants are welcomed into a safe, inclusive environment where they can speak openly, explore helpful coping strategies, and feel supported by others who understand this unique and lifelong loss.



CHATHAM-KENT HOSPICE
Community and Supportive Care Services

**Registration and
Intake Assessment Required**



519-354-3113 ext. 2406



supportivecare@chathamkenthospice.com

A special brew just for you...

Grief Café


WellWithin
CHATHAM-KENT HOSPICE
Community and Supportive Care Services

A Drop-in Grief & Bereavement Support Group



Every other Tuesday
10:00 - 11:00 am

September 22, 2026
October 6 & 20, 2026

Butterfly Room

Chatham-Kent Hospice
34 Wellington St. E., Chatham
(Please use the Adelaide St. Entrance)

Are you navigating the difficult journey of anticipatory grief caring for a loved one with a life limiting illness or experiencing grief due to the loss of a loved one?

You don't have to go through it alone. Join us in a safe and compassionate space. Enjoy a cup of coffee or tea and a treat where you can share your feelings, find comfort, and connect with others who understand.



Registration is not required but is welcomed.

Contact us at 519-354-3113 ext 2406 or supportivecare@chathamkenthospice.com.



— A project of New Beginning Ministries —

HOPE FOR HEALTH



FREE MEDICAL CLINIC



EVERY SATURDAY
beginning the
THIRD SATURDAY
IN JUNE



**AT
HOPE HAVEN**



10:30 AM – 1:30 PM

SERVICES INCLUDE:



**WOUND
CARE**



**HEALTH
ASSESSMENT**



**MEDICATION
REVIEW**



**VITAL
SIGNS**



*Providing compassionate care and
hope for a healthier community.*

ALL ARE WELCOME. NO APPOINTMENT NECESSARY.

Caring for our community with dignity and respect.



Your sexual health matters - and getting support is simple!

Ask to see a Public Health Nurse for:

- ✓ STI testing & treatment
- ✓ Pregnancy testing & counselling
- ✓ Birth control & emergency contraception
- ✓ Healthy relationships counselling

Everything is confidential. Just ask to see a Public Health Nurse - it's that simple.

Call us today at 519-352-7270 ext 5901

CK Public Health Sexual Health Clinics:

- 📍 Chatham Clinic: 177 King St East
- 🕒 Monday - Friday from 8:30 am - 4:00 pm
- 📍 Wallaceburg Clinic: 808 Dufferin Ave (inside the CKCHC)
- 🕒 Tuesdays from 2:00 pm - 4:00 pm See less



**AUG
25**

Drop In Food Handler Exam

Wallaceburg Location

1:00 PM - 3:30 PM

 **Chatham-Kent
Public Health**

CHATHAM-KENT FOOD RESOURCES

Help is here. Food is for everyone.



♥ FREE MEALS • FOOD BANKS & FOOD ASSISTANCE • COMMUNITY PANTRIES • COMMUNITY SUPPORT ♥

Chatham

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
FREE MEALS / SOUP KITCHENS ♥ FreeHelpCK Senior Hope Meals Delivered to approved homebound seniors (65+) Every Monday Apply at freehelpck.ca • Christ Church (Bogged lunch) 11:30 am – 12:15 pm • Chatham Community Hope Centre 6:00 pm – 8:30 pm Ages 16+ No families with children under 16	FREE MEALS / SOUP KITCHENS • Praise Fellowship Church 11:00 am – 12:00 pm • Salvation Army Community Meal 12:00 pm – 1:00 pm • Chatham Community Hope Centre 6:00 pm – 8:30 pm Ages 16+ No families with children under 16	FREE MEALS / SOUP KITCHENS • Corryball AME Church 11:30 am – 12:30 pm • Interfaith Caring Kitchen – St. Ursula 2nd & 4th Wednesday 4:30 pm • Chatham Community Hope Centre 6:00 pm – 8:30 pm Ages 16+ No families with children under 16	FREE MEALS / SOUP KITCHENS ♥ FreeHelpCK Senior Hope Meals Delivered to approved homebound seniors (65+) Every Thursday Apply at freehelpck.ca • Blessed Sacrament / St. Agnes (Bogged lunches) 11:00 am – 12:00 pm • Chatham Community Hope Centre 6:00 pm – 8:30 pm Ages 16+ No families with children under 16	FREE MEALS / SOUP KITCHENS • Vinnie's Lunch Located at Spirit & Life Centre 10:30 am – 11:45 am • Chatham Community Hope Centre 6:00 pm – 8:30 pm Ages 16+ No families with children under 16	FREE MEALS / SOUP KITCHENS • First Presbyterian Church Breakfast 9:30 am – 11:00 am • Chatham Community Hope Centre 6:00 pm – 8:30 pm Ages 16+ No families with children under 16	FREE MEALS / SOUP KITCHENS • Emmanuel Baptist Church 4:00 pm – 5:00 pm <i>Closed July & August</i> • Carlo's Place Breakfast 4th Sunday of each month 9:30 am – 11:00 am • Chatham Community Hope Centre 6:00 pm – 8:30 pm Ages 16+ No families with children under 16
ADDITIONAL FOOD ASSISTANCE	ADDITIONAL FOOD ASSISTANCE	ADDITIONAL FOOD ASSISTANCE	ADDITIONAL FOOD ASSISTANCE	ADDITIONAL FOOD ASSISTANCE	ADDITIONAL FOOD ASSISTANCE	IMPORTANT NOTES
Outreach for Hunger 11:00 am – 3:00 pm	Holy Trinity St. Paul's Anglican Church Food Vouchers 2nd & 4th Tuesday 9:00 am – 10:30 am Salvation Army Food Bank Appointment Required 9:00 am – 3:30 pm (Closed 1:00 pm – 2:00 pm)	St. Paul's Victoria Ave United Church (Pantry / Food Card Program) 9:00 am – 10:30 am St. Andrew's Church (Pantry / Food Card Program) 9:00 am – 10:30 am Outreach for Hunger 11:00 am – 3:00 pm	Society of St. Vincent de Paul (Blessed Sacrament / St. Agnes) Food Vouchers Thursdays 1:00 pm – 2:30 pm Salvation Army Food Bank Appointment Required 9:00 am – 3:30 pm (Closed 1:00 pm – 2:00 pm)	Outreach for Hunger 11:00 am – 3:00 pm St. Joseph (St. Ursula) / St. Vincent de Paul Food Pantry Program Fridays 11:30 am – 1:00 pm	Times and programs are subject to change. Please call ahead or check with the organization.	



HOPE HOUSE PRIDE WEEK

Monday August 17th to Friday August 22nd



Monday August 17th

10:15am - Pride Badges
12:00pm - Flag
Raising
1:00pm - Pride
Bingo

**Tuesday August
18th**

10:15am - Be Kind
Banner

**Wednesday August
19th**

1:00pm - Rainbow
Wreath

**Thursday August
20th**

10:15am - Pride
Flag



Friday August 21st

10:15am - 2:00pm
1970's Theme
Day



For more information contact us at
519-351-3100 or katherine@mhnck.com



SAT, AUG 15

Ride into Pride

@ Reforme Wellness

1030am

Pride Dance

@ JazzBah 9pm



SUN, AUG 16

Diversity Service

@ St. Andrew's

1030am

MON, AUG 17

Flag Raising

@ Civic Centre

12pm

TUE, AUG 18

Family Storytime &

Ice Cream Social

@ Bill's Place 5pm

WED, AUG 19

But I'm a Cheerleader @

Capitol Theatre 7pm

Trivia @ Turns & Tales

9pm

THU, AUG 20

Fundraiser BBQ

@ Fuel 4 You 1130am

Create & Connect

@ Thames Art Gallery

630pm

FRI, AUG 21

Pub Night

@ Glasstown 630pm

Queer Portraits Exhibit

Opens @ Capitol

SAT, AUG 22

Parade on King St. 11am

Fest @ Harvey & Centre



12-4pm

FOOD & VENDORS

NORSEFOLK ZONE

36' WATERSLIDE

SUN, AUG 23

Pride Ride 1030am

Proud & Grounded

1130am

@ StudioThirty6

3RD ANNUAL
**LIPSYNCK
SLAYTACULAR**
1-3PM AUG 22

A logo for Bill's Place featuring a red heart icon followed by the text 'Bill's Place' in a cursive font.

48 Centre St. Chatham

COMMUNITY
SPACE



**ckpride
.com**

WESTOVER

ALUMNI

2026 EVENT LISTING

*Come be a part
of some super cool fellowship*

16
AUG



C-K BARNSTORMERS VS WELLAND JACKFISH

Fergie Jenkins Field at 1:05pm

You could WIN HALF THE CASH - purchase tickets
for the 50/50 DRAW - proceeds benefit Westover.

12
SEP



WALK-A-THON SARNIA ON

Canatara Park

10am Start

For more details call Wayne at 519-384-9231

18
OCT



CRIBBAGE TOURNAMENT

Free to Join - All Alumni Welcome!

1 - 4pm

WESTOVER



35TH
ANNUAL
CHARITY GOLF
TOURNAMENT

LINKS OF KENT GOLF CLUB

MON SEPT 14TH

Drive! Fore! Hope!

WESTOVERTREATMENTCENTRE.CA/EVENTS



Thank you for supporting local kids!



RIDGETOWN

MONDAY, AUGUST 24TH

12PM - 1PM

RIDGETOWN LEGION



TILBURY

WEDNESDAY, AUGUST 26TH

2PM - 4PM

TILBURY H.E.L.P CENTRE



CHATHAM

THURSDAY, AUGUST 27TH

12PM - 2PM

**DOWNTOWN CHATHAM MALL
INSIDE THE FREEHELPCK STORE**



WALLACEBURG

FRIDAY, AUGUST 28TH

10AM - 11AM

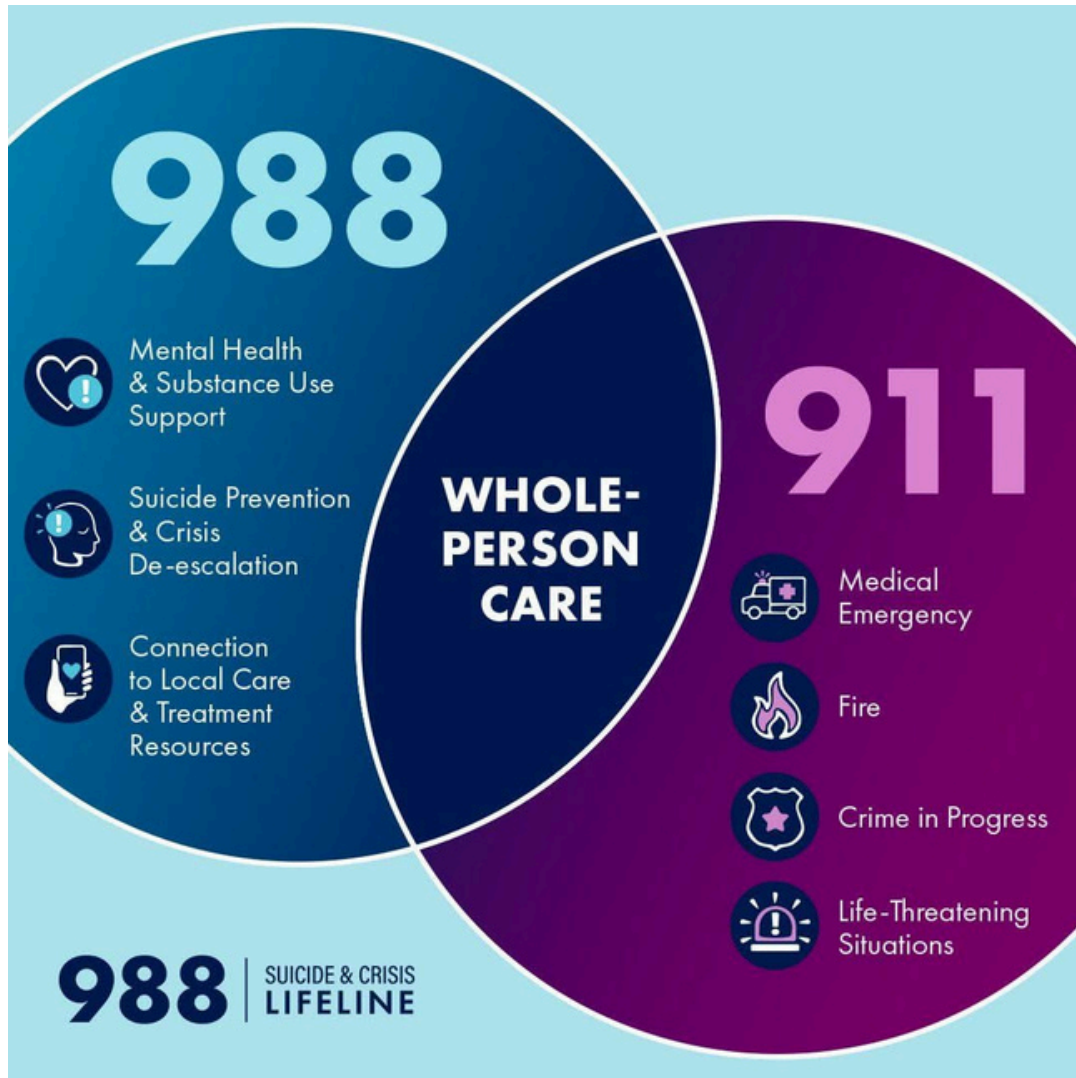
CSN HOLMES

**HEALTH CARD
IS REQUIRED
AT PICK UP**

★ **BACKPACKS MUST BE PICKED UP!** ★

Together, we're making a difference in our community!





9-8-8 Suicide Crisis Helpline [Get Help](#) [Understanding Suicide](#)

What to expect when you call or text 9-8-8

▼

We are here to listen.

If you are thinking about suicide, or you're worried about someone else, we want to help. Call or text 9-8-8 toll free, any time — lines are open 24/7/365

Call 9-8-8

Text 9-8-8

What to expect when you reach a 9-8-8 responder

- 1 They will listen. The person you connect to will listen with compassion and without judgement, and give you space to talk.
- 2 They will engage with empathy. Whatever you are going through, they want to understand.
- 3 They will support you. 9-8-8 responders can help you explore ways to create safety when things are overwhelming.